

HelpForMe



# sexual assault

s u p p o r t   s e r v i c e s

## Support Services

**AMS Sexual Assault Support Center** – offers support services such as crisis support and sexual assault service at the University of British Columbia. In-person (by appointment) and telephone appointments available.

- Phone: 604-827-5180
- Signal (messaging app): 604-729-5476
- Website: <https://www.amssasc.ca/>
- Email: [sasc@ams.ubc.ca](mailto:sasc@ams.ubc.ca)

**Battered Women's Support Services** – services and referrals for any woman who has experienced abuse in an intimate relationship, childhood sexual abuse or adult sexual assault.

- Crisis and Intake Line: 604-687-1867, 1-855-687-1868 (toll free)
- Website: <https://www.bwss.org/support/>

**BC Society for Male Survivors of Sexual Abuse** – provides therapeutic services, including victim services and therapy, for males who have been sexually abused at some time in their lives.

- Phone: 604-682-6482 (Vancouver), 778-222-6885 (Surrey)
- Website: <http://bc-malesurvivors.com/>
- Email: [victimservices@bc-malesurvivors.com](mailto:victimservices@bc-malesurvivors.com)

**Ending Violence Association of BC** – provide crucial emotional support, information, referrals, justice system support and liaison services for survivors of sexual assault, violence in relationships and violence against children and youth.

- Phone: 604-633-2506
- Toll Free (members only): 1-877-633-2505
- Website: <http://endingviolence.org/>

**North Shore Crisis Society** – offers crisis services, transitional housing for survivors of abuse, and outreach services to adult women and their children who have escaped or who are at risk of abuse, violence or threats. Its multicultural outreach program provides culturally sensitive services to a diverse clientele with a focus on immigrant and refugee women.

- 24-hour women's support line: 604-987-3374
- Outreach Services and Multicultural Outreach Services: 604-987-0366
- Website: <https://nscss.net/programs/>

**Surrey Women's Centre** – offers a wide range of crisis, court and counselling services to victims of domestic violence, sexual assault, child abuse and other forms of family violence. It also runs SMART, a 24-hour mobile crisis service.

- Phone: 604-583-1295
- Website: <https://surreywomenscentre.ca/>

**The Embrace Clinic** – provides short-term medical care to survivors of recent violence as part of the Fraser Health Forensic Nursing Service. Self-referrals are welcome.

- Phone; 1-855-775-7223
- Website: <https://www.fraserhealth.ca/health-topics-a-to-z/sexual-assault-and-violence/forensic-nursing-service/the-embrace-clinic#.YK56hKhKiM8>
- Email: [embraceclinic@fraserhealth.ca](mailto:embraceclinic@fraserhealth.ca)

**Vancouver & Lower Mainland Multicultural Family Support Services Society** – its community- based victim services assist women experiencing sexual assault or abuse, and other offence related to an abuse relationship in a variety of different languages.

- Toll-free phone service: 1-888-436-1025
- Phone: 604-436-1025
- Website: <https://www.vlmfss.ca/community-based-victim-services>

**Vancouver Rape Relief and Women's Shelter** – operates a 24-hour rape crisis centre and provides services for victims of rape. It offers peer counselling, housing for women and their children escaping violence, advocacy with police, and accompaniment to a sexual assault exam.

- 24-hour crisis line: 604-872-8212
- Website: <https://rapereliefshelter.bc.ca/>
- Email: [info@rapereliefshelter.bc.ca](mailto:info@rapereliefshelter.bc.ca)

**VictimLinkBC** – confidential, multilingual telephone service available across BC and Yukon. It provides immediate crisis support to victims/survivors of crime, as well as information and referral services.

- Toll-free, 24/7 phone service: 1-800-563-0808
- Website: [www.victimlinkbc.ca](http://www.victimlinkbc.ca)
- Email: [VictimLinkBC@bc211.ca](mailto:VictimLinkBC@bc211.ca)
- Text messaging: 604-836-6381

**WAVAW Rape Crisis Centre** – services and referrals for people of marginalized genders aged 14+ who have who have experienced any form of sexualized violence. Also has services specifically for Indigenous people.

- Lower Mainland 24/7 Crisis Line: 604-255-6344
- Toll-free 24/7 Crisis Line available across Canada: 1-877-392-7583
- Website: [www.wavaw.ca](http://www.wavaw.ca)

## Support Services

**Atira Women's Resources Centre** – its stopping the violence counselling provides individual and group counselling to women and transwomen who have experienced current or past relationship abuse, sexual assault, or physical, emotional or sexual abuse at any age. Services are provided free of charge.

- Phone: 604-331-1407 ext 106 or 107

- Email: [stv@atira.bc.ca](mailto:stv@atira.bc.ca)

**Battered Women's Support Services** – counselling, support groups and other programs for any woman who has experienced abuse in an intimate relationship, childhood sexual abuse or adult sexual assault.

- Crisis and Intake Line: 604-687-1867, 1-855-687-1868 (toll free)

- Website: <https://www.bwss.org/support/>

**BC Society for Male Survivors of Sexual Abuse** – provides individual and group therapy for males who have been sexually abused at some time in their lives.

- Phone: 604-682-6482 (Vancouver), 778-222-6885 (Surrey)

- Website: <http://bc-malesurvivors.com/for-survivors/funding-your-therapy/>

- Email: [therapy@bc-malesurvivors.com](mailto:therapy@bc-malesurvivors.com)

**Family Services of Greater Vancouver** – its trauma services program serves women and children survivors of incest, trauma, sexual abuse, and family violence. Due to COVID-19 restrictions, they are offering limited in-person appointments.

- Phone: 604-874-2938 x 4141

- Website: <https://fsgv.ca/programs/counselling/>

- Email: [specializedtraumaservices@fsgv.ca](mailto:specializedtraumaservices@fsgv.ca)

**Family Services of the North Shore** – offers counselling and group programs for survivors of gender-based violence, trauma, and abuse.

- Phone: 604-988-5281 ex 226

- Website: <https://www.familyservices.bc.ca/find-support/gender-based-violence-trauma-abuse-support/>

**Surrey Women's Centre** – offers one-on-one counselling and support groups.

- Phone: 604-583-1295

- Website: <https://surreywomenscentre.ca/services/counselling>

**Vancouver Rape Relief and Women's Shelter** – operates a 24-hour rape crisis centre and provides services for victims of rape. It offers peer counselling.

- 24-hour crisis line: 604-872-8212

- Website: <https://rapereliefshelter.bc.ca/>

- Email: [info@rapereliefshelter.bc.ca](mailto:info@rapereliefshelter.bc.ca)

**WAWAW Rape Crisis Centre** – counselling, Indigenous counselling, MMIWG2S Family Counselling.

- Phone: 604-255-6344.

# HelpForMe

HelpForMe was created by Hammerco Lawyers  
to help you understand your legal options.

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MEDICAL NEGLIGENCE | SEXUAL ASSAULT & ABUSE | ESTATE LITIGATION | ELDER ABUSE